



# I have things to do.

At every age and stage, our children are learning new ideas and skills. Young children need daily opportunities to play in ways that allow self-expression (painting only with the colour purple if I want to), physical activity, and fun with others. Older children need time to participate in organized music, theatre, sports, and clubs. Children and youth benefit from participating in age-appropriate religious activities and caring relationships that nurture their spiritual development.

Time spent doing things together at home with the family deepens relationships and ensures kids aren't out often with "nothing to do." In an age of limitless t.v. and electronic games, keeping our kids busy in positive ways can be a challenge and it is worth every bit of effort.

