



I have power to make decisions.

As our kids grow, so does their desire to make their own decisions. Naturally, they want more independence, more control over their lives.

Kids need coaching to develop strong thinking skills. As parents, child care providers, school personnel, church leaders, sports coaches, and employers, the kids around you need your help in developing a positive, healthy sense of independence:

- Talk about a decision the child/youth needs to make.
- Ask them what they think will happen depending on their choice.
- Share your views of potential outcomes including dangers.
- Encourage the young person to make a decision.
- Later, make time to talk about the outcome of the choice; ask the young person to tell you if it was a good choice for them and why.

