



I can relate to people.

The earlier our children learn how to cooperate, share, play nicely, and comfort others who are in distress, the better will be their relationships. With these social skills, they are able to handle the challenges that come with each phase of growing up.

Teaching a child how to compromise and resolve conflicts without using physical aggression or hurtful language is another key to having strong, positive relationships with peers and adults. Preschoolers who have a difficult time controlling their emotions during play have a more difficult time making and keeping friends. These skills continue to be important throughout a young person's life and can have an impact on whether or not they will stay in school.

One of the best ways kids learn these social skills is during playtime – at home with siblings and neighbours, in play groups, and playgrounds. Playtime is good for our children.

