

Medical Resources

Public Health

Provides information on healthy growth and development of children, immunization, resources, supports and services in the community.

Grand Forks, BC 250-443-3150

Midway, BC 250-449-2887

Nurse's Help Line - 811

www.interiorhealth.ca

Family Doctors

Can advise patients/parents about accessing services and supports. Makes referrals for diagnostic & post-diagnostic services.

Hospital

Boundary Hospital – 250-443-2100

Medical Clinics

Grand Forks, BC 250-442-8233

Christina Lake, BC 250-447-6262

Midway, BC 250-449-2218

Greenwood, BC 250-445-6626

Mental Health and Addictions

Provides specialized Mental Health Services for adults age 19 and over who have a serious and persistent mental illness.

Phone 250-442-0330

Financial & Disability Support

Income Assistance

The Ministry of Social Development and Social Innovation provides income assistance, disability assistance, hardship assistance, and supplements to eligible people in need.

1-866-866-0800

Community Living Services

Delivers support and services to adults with developmental disabilities and their families in BC.

Phone 1-800-668-2249

Safety & Housing Resources

Women's Transition House

Emergency shelter for women and children. Women's counselling and outreach services available.

Staffed 24 hours. A confidential, free service.

Phone 250-442-3131

Toll Free 1-855-441-3131

bwcbc.ca/transition-house.html

Women's Resource Centre

Information, resources, programs, referrals, and support for women in the Boundary area.

Phone 250-442-5212

Victim Assistance

Supports victims/witnesses and their families through the impact of crime and trauma.

Also assists in the recovery process.

Phone 250-442-5846

Nelson Advocacy Centre

One-on-one advocacy that provides information, support, representation and referrals as needed in a non-judgmental setting which encourages self-advocacy. Issues such as welfare, poverty, family law, landlord/tenancy issues and your rights as a victim can be addressed.

Phone 1-250-352-5777

Toll Free 1-877-352-5777

Family Justice Centres

These centres are staffed by family justice counsellors who can assist you with issues related to separation or divorce.

1-888-526-2229

www.familieschange.ca

www.supremecourtselfhelp.bc.ca

BC Housing

Develops, manages and administers a wide range of public and private subsidized housing options across the province. The Rental Assistance Program provides eligible low-income, working families with cash assistance to help with their monthly rent payments.

Phone 1-866-465-6873

www.bchousing.org

Habitat For Humanity

Habitat for Humanity Boundary empowers low-income families to prepare for their future and pursue their dreams by providing them a hand up to home ownership.

Phone 778-632-0006

www.hfhsebc.org/restore

Resources for Children & Families

Ministry of Children and Family Development

Provide programs and services to ensure that healthy children and responsible families are living in safe, caring and inclusive communities.

Phone 250-442-4378

www.gov.bc.ca/mcf

Child Care Resource and Referral

Offers quality child care referrals, resources and support to all child care providers and families.

Phone 250-442-5152

E: bccrr@telus.net

Sunshine Valley Child Care Society

Provides child care and preschool programs within the Boundary.

Phone 250-442-5314

E: svccs@telus.net

Freedom Quest Youth Services

Offers confidential services to Youth and Families ranging from youth drug and alcohol prevention, counseling, referrals and support to families.

Phone 250-442-7979

Columbia Basin Alliance for Literacy

Offers a wide variety of child, family and adult literacy programs.

www.cbal.org/boundary.html

Phone 250-442-2704 ext # 229

Food Bank

Brings the community together to provide food and supplies for Boundary residents who are hungry.

Grand Forks 250-442-2800

Whispers of Hope

Drop in centre and free food/lunch program, also provides a thrift store and low cost household basics.

Phone 250-442-2006

Blessings Boutique and More

A free program offering support to the women and families of the Boundary area,

Phone 250-443-5148

blessingsboutique@hotmail.com

www.gospelchapelgf.com

Safe Stay Shelter

Provides short term shelter for homeless adults and minors from November 1 until March 31

Phone 250-442-2267

Services & Transportation

Service BC

Service BC is your source for frontline provincial government services, information and many programs delivered to BC residents, businesses and visitors.

Local office Phone 250-442-4306

To be connected to any provincial government program, service or person toll free 8:30am – 4:30pm, Monday to Friday

1-800-663-7867

www2.gov.bc.ca

Community Futures

Supports the process of community economic development to the people of the Boundary region.

Resources are available for those seeking employment. (one on one assistance with employment counsellors, job posting board, computer access, resume assistance)

Phone 250-442-2722

www.boundarycf.com

Legal Services Society

Grand Forks 250-442-2267 extn: 40259

1-866-577-2525

<https://www.lss.bc.ca/>

Justice Education Society

The Justice Education Society promotes an understanding of, access to, and confidence in the justice system

<http://www.justiceeducation.ca/>

BC Problem Gambling Help Line

Confidential clinical counselling services are available to people who have a problem with gambling, and those affected, including close friends, family, partners or spouses.

Phone 1-888-795-6111

Boundary Transit System

Accessible transportation service for everyone in the community, including seniors and persons with a disability.

Phone 250-443-2179

www.bctransit.com

Volunteer Driver Program

Provides a daytime, Monday to Friday volunteer service for people who are unable to access public or private transportation to attend essential, non-emergency appointments.

Phone 250-584-4618

Emergency Numbers & Help Lines

Ambulance, Fire, Police – 911
RCMP Grand Forks – 250-442-8288
RCMP Midway – 250-449-2244

Crisis Line - A free service to call when you are feeling stressed or overwhelmed, considering suicide or just need to talk. **1-888-353-2273**

Kids Helpline – Free, anonymous, confidential telephone and web counselling for ages up to 20.

1-800-668-6868

www.kidshelpline.ca

Parents Helpline – 1-888-603-9100

www.parenthelpline.ca

Grandparents Helpline - assists grandparents and other relatives raising a family member's child to navigate complex service systems.

1-855-474-9777

www.parentsupportbc.ca/grandparents

Trail Family and Individual Resource Centre Society

An extensive community services/resources directory.

<http://kb.fetchbc.ca/>

Private Counselling Services

BC Association of Clinical Counsellors

1-800-909-6303

<http://bc-counsellors.org>

BC Psychological Association

1-800-730-0522

<http://www.psychologists.bc.ca>

Directory of Social Workers in private practice

<http://www.findasocialworker.ca/BC/en/default.asp>

*Public use computers are available at the
Public Library*

**If your employer offers an
Employee Assistance Program
through extended medical benefits, that program
can also assist you in accessing
appropriate services.**

Boundary Area Community Services Directory

Resources for Children, Youth & Families

Boundary Family Services

Provides a wide variety of programs to meet the interests and needs of children, youth and families. This includes counselling services, early intervention services, support services and parenting programs.

- Baby's Best Chance
- Parents of Young Children's group
- Infant Development Program
- Children's Early Intervention Therapy
- Community Integration Program
- Child and Youth Counselling
- Family Support Services
- Parenting Programs
- BC Housing
- Safe Stay Shelter
- Aboriginal Family Support
- Youth Support
- School Age Therapy
- Men's Support Group
- Just Call me Dad
- Better at Home Program

Phone 250-442-2267

Or 1-877-442-5355

info@bfiss.org

www.boundaryfamily.org