

Medical Resources

Public Health

Provides information on healthy growth and development of children, immunization, resources, supports and services in the community.

Grand Forks, BC 250-443-3150

Midway, BC 250-449-2887

Nurse's Help Line - 811

www.interiorhealth.ca

Family Doctors

Can advise patients/parents about accessing services and supports. Makes referrals for diagnostic & post-diagnostic services.

Hospital

Boundary Hospital – 250-443-2100

Medical Clinics

Grand Forks, BC 250-442-8233

Christina Lake, BC 250-447-6262

Midway, BC 250-449-2218

Greenwood, BC 250-445-6626

Mental Health and Addictions

Provides specialized Mental Health Services for adults age 19 and over who have a serious and persistent mental illness.

Phone 250-442-0330

Financial & Disability Support

Income Assistance

The Ministry of Social Development and Social Innovation provides income assistance, disability assistance, hardship assistance, and supplements to eligible people in need.

Phone 1-866-866-0800

Community Living Services

Delivers support and services to adults with developmental disabilities and their families in BC.

Phone 1-800-668-2249

Safety & Housing Resources

Women's Transition House

Emergency shelter for women and children. Women's counselling and outreach services available. Staffed 24 hours. A confidential, free service.

Phone 250-442-3131

Toll Free 1-855-441-3131

www.bwcbc.ca

Women's Resource Centre

Information, resources, programs, referrals, and support for women in the Boundary area.

Phone 250-442-5212

Victim Assistance

Supports victims/witnesses and their families through the impact of crime and trauma.

Also assists in the recovery process.

Phone 250-442-5846

Nelson Advocacy Centre

One-on-one advocacy that provides information, support, representation and referrals in a non-judgmental setting which encourages self-advocacy. Issues such as welfare, poverty, family law, landlord/tenancy issues and your rights as a victim can be addressed.

Phone 1-250-352-5777

Toll Free 1-877-352-5777

Family Justice Centres

These centres are staffed by family justice counsellors who can assist you with issues related to separation or divorce.

Phone 1-888-526-2229

www.familieschange.ca

www.clicklaw.bc.ca/helpmap/service/1019

BC Housing

Develops, manages and administers a wide range of public and private subsidized housing options across the province. The Rental Assistance Program provides eligible low-income, working families with cash assistance to help with their monthly rent payments.

Phone 1-800-257-7756

www.bchousing.org

Habitat for Humanity

Habitat for Humanity Boundary empowers low-income families to prepare for their future and pursue their dreams by providing them a hand up to home ownership.

Phone 1-800-667-5137

www.habitat.ca

Safe Stay Shelter

Provides short term shelter for homeless adults and minors from November 1 until March 31

Phone 250-442-2267

Resources for Children & Families

Ministry of Children and Family Development

Provide programs and services to ensure that healthy children and responsible families are living in safe, caring and inclusive communities.

Phone 250-442-4378

www.gov.bc.ca/mcf

Child Care Resource and Referral

Offers quality childcare referrals, resources and support to all childcare providers and families.

Phone 250-442-5152

bccrr@telus.net

Sunshine Valley Child Care Society

Provides childcare and preschool programs within the Boundary.

Phone 250-442-5314

svccs@telus.net

Freedom Quest Youth Services

Offers confidential services to Youth and Families ranging from youth drug and alcohol prevention, counseling, referrals and support to families.

Phone 250-442-7979

Columbia Basin Alliance for Literacy

Offers a wide variety of child, family and adult literacy programs.

www.cbal.org/boundary.html

Phone 250-442-2704 ext. #6

Food Bank

Brings the community together to provide food and supplies for Boundary residents who are hungry.

Grand Forks Phone 250-442-2800

Whispers of Hope

Drop in centre and free food/lunch program, also provides a thrift store and low-cost household basics.

Phone 250-442-2006

Boundary Food Recovery Program

Provides fresh soup and dehydrated vegetables to the community.

Phone 250-443-5148 ext 3

tbattersby@gospelchapelgf.com

www.gospelchapelgf.com

Circle of Indigenous Nations Society

Provides programs rooted in Indigenous practices that strengthen cultural connection and support holistic healing and learning.

Toll Free 1-877-904-2634

www.coinations.net

Services & Transportation

Service BC

Service BC is your source for frontline provincial government services, information and many programs delivered to BC residents, businesses and visitors.

Local office Phone 250-442-4306

To be connected to any provincial government program, service or person toll free
8:30am-4:30pm, Monday to Friday

1-800-663-7867

www2.gov.bc.ca

Community Futures

Supports the process of community economic development to the people of the Boundary region. Resources are available for those seeking employment. (One-on-one employment counselling, job posting board, computer access, resume assistance)

Phone 250-442-2722

www.boundarycf.com

Legal Services Society

Grand Forks 250-442-2267 ext. 40259

1-866-577-2525

<https://www.lss.bc.ca/>

Justice Education Society

The Justice Education Society promotes an understanding of, access to, and confidence in the justice system

<http://www.justiceeducation.ca/>

BC Problem Gambling Help Line

Confidential clinical counselling services are available to people who have a problem with gambling, and those affected, including close friends, family, partners or spouses.

Phone 1-888-795-6111

Boundary Transit System

Accessible transportation service for everyone in the community, including seniors and persons with a disability.

Phone 250-442-8169

www.bctransit.com

Volunteer Driver Program

Provides a daytime, Monday to Friday volunteer service for people who are unable to access public or private transportation to attend essential, non-emergency appointments.

Phone 250-584-4618

Emergency Numbers & Help Lines

Ambulance, Fire, Police – 911
RCMP Grand Forks – 250-442-8288
RCMP Midway – 250-449-2244

Crisis Line - A free service to call when you are feeling stressed or overwhelmed, considering suicide or just need to talk. **1-888-353-2273**

BC Suicide Line 1-888-456-4566

Mental Health Line 310 6789

Kids Helpline – Free, anonymous, confidential telephone and web counselling for ages up to 20.

1-800-668-6868

Text Line: 686868 www.kidshelpphone.ca

Parents Helpline – 1-888-603-9100

www.informationchildren.com/parent-support/parent-helpline/

Kinship Care Helpline - Assists grandparents and other relatives raising a family member's child to navigate complex service systems.

1-855-474-9777

www.parentsupportbc.ca

Seniors Helpline – Information, advocacy and support for seniors and those who care for them.

1-866-437-1940

KB FETCH by Trail FAIR

An extensive community services/resources directory.

<http://kb.fetchbc.ca/>

Private Counselling Services

BC Association of Clinical Counsellors

1-800-909-6303

<http://bc-counsellors.org>

BC Psychological Association

1-800-730-0522

<http://www.psychologists.bc.ca>

Directory of Social Workers in private practice
<http://www.findasocialworker.ca/BC/en/default.asp>

*Public use computers are available at the
Public Library*

If your employer offers an Employee Assistance Program through extended medical benefits, that program can also assist you in accessing appropriate services.

Boundary Area Community Services Directory

Resources for Children, Youth & Families

Boundary Family Services

Provides a wide variety of programs to meet the interests and needs of children, youth and families. This includes counselling services, early intervention services, support services and parenting programs.

- Baby's Best Chance
- Parents of Young Children's group
- Infant Development Program
- Early Years Programs
- Children's Early Intervention Therapy
- School Age Therapy
- Community Integration Program
- Child and Youth Counselling
- Youth Support
- Family Support Services
- Parenting Programs
- Men's Support Group
- Just Call me Dad
- BC Housing
- Safe Stay Shelter
- Boundary Better at Home Program

Phone 250-442-2267

Or 1-877-442-5355

info@bfiss.org

www.boundaryfamily.org